

## Pre Course Information

### Weekend Tour Lake Lucerne & Urnersee

**Course Times:** 08:45 – 16:30

**Meeting Point: Saturday:**

**08:45 Camping Hopfräben** (bus stop Brunnen, Hopfräben)

**09:30 Weggis, Lützelau** (If travelling by public transport you can also meet us here if easier)

(we often meet up and have a dinner together the night before at the campsite)

**Finish Point: Brunnen**

#### Camping Hopfräben



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## Paddling Start Point Weggis, Lützelau



## Getting to Camping Hopfräben, Brunnen:

### By Public Transport:

- Good regional and intercity connections to SBB **Brunnen**.
- From there you can take the regular bus (No 2) to Brunnen Hopfräben or walk (around 20 minutes)
- Check [www.sbb.ch](http://www.sbb.ch) for your connection

## Getting to Weggis Lützelau:

### By Public Transport:

Rail connections to SBB **Küssnacht am Rigi** or **Brunnen**

- From there you can take the regular bus (No 2) to Weggis, Lützelau
- Check [www.sbb.ch](http://www.sbb.ch) for your connection

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### **Pre-requisites**

For this tour it's expected that you have already done some paddling in a sea kayak or have attended one of our beginner courses or safety & Rescue courses, unless otherwise discussed with us. If in doubt just give us a call or send us an email

### **What to Bring Along:**

- Any paddling gear you may have
- Swimming clothes
- Footwear that you can get wet (flipflops, crocs, watershoes, neoprene booties...)
- Thermal or sports top (not cotton)
- Change of clothes
- Sun protection (cream, sunglasses and hat)
- Packed Lunch
- Drinks & Snacks

### **If Camping:**

- Tent
- Camping Mat
- Sleeping bag
- Head torch
- Ear plugs

### **What we supply:**

- Sea Kayak
- Paddle
- Bouyancy Aid
- Neoprene longjohn wetsuit (if necessary or cold and wet)
- Paddling jacket (if necessary or cold and wet)
- All necessary safety equipment

### **Weather**

Please note that our courses and tours run in all weather that is safe for us to paddle in. Often the weather is better than predicted and part of the charm of our sport is experiencing nature with all its faces and even on a rainy day, the views and atmosphere can be beautiful and dramatic. We pride ourselves on having top quality equipment, including Palm long john wetsuits and high end paddle jackets to ensure you're warm and happy whatever the weather. If

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conditions are unsafe to paddle in we will notify with as much notice as we can.

### **Insurance**

Please note that bookings are subject to our terms and conditions and cancellation policy. We recommend that you have an insurance policy to cover the course costs in case of illness or medical problems.

### **Accommodation Option:**

B&B Brunnen

Privatzimmer Truttmann  
Föhneneichstrasse 30  
6440 Brunnen

Tel: +41 (0) 41 820 40 13

<https://tportal.toubiz.de/Brunnen/ukv/house/TDS00020010037509081>

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